

ATHLETE of the WEEK



September 12, 2022

Natalie Gerola







The Athlete of the Week is Natalie Gerola. Natalie is a sophomore member of the WHS Girls Water Polo Team. Natalie enjoys water polo because she says, "I like the team aspect of the sport." Natalie balances school and water polo by practicing good time management and completing all her work and assignments on time. Of the "8 Conditions," Natalie resonates most with **Sense of Accomplishment**. Coach Cara says, "Natalie played with JV vs Carlmont and with Varsity vs Aragon this week. With varsity she played in the field and with JV she played two quarters in goal and two quarters in the field. Natalie achieved 6 blocks in goal (in 2 quarters), and added 5 goals, 2 assists, 10 steals and 1 exclusion drawn over the two games. Natalie demonstrated versatility and teamwork in being flexible and meeting the needs of the teams."

Woodside Athletic Department

Study hard, practice hard, play hard!